

# Messy Play

These messy play activities are great for little hands to enjoy!  
Add in items such as scoops, cups, cookie cutters or decorations for lots of sensory fun

## PLAYDOUGH

### WHAT YOU NEED

- ★ 2 cups boiling water
- ★ 1 cup fine table salt
- ★ Food colouring
- ★ 2 tablespoons oil
- ★ 2 cups plain flour
- ★ 4 teaspoons cream of tartar
- ★ Mixing bowl & jug



### METHOD

1. In a jug, stir boiling water & salt
2. Add food colouring and oil
3. In a bowl, mix flour and cream of tartar
4. Mix wet ingredients with dry in bowl
5. Wait for mixture to cool slightly and knead

The playdough will keep well in an airtight container in the fridge for months.

## KINETIC SAND

### WHAT YOU NEED

- ★ 8 cups flour
- ★ 1 cup canola oil
- ★ Mixing bowl
- ★ Food colouring

### METHOD

Mix all the ingredients together until the consistency is crumbly but firm when pressure is applied.

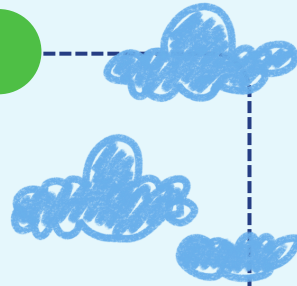
## SNOW

### WHAT YOU NEED

- ★ 3 cups bi-carb soda
- ★ ½ cup conditioner
- ★ Mixing bowl
- ★ Silver glitter (optional)

### METHOD

1. Pour the bi-carb soda and conditioner into a large bowl.
2. Mix them together until they form a dough. Your dough will look rather crumbly.
3. When you apply pressure to the mix it hardens and you can make snowballs!
4. Add some silver glitter to finish the mix.



## SOAPY SLIME

### WHAT YOU NEED

- ★ 1 cup soap flakes
- ★ 3 cups hot water
- ★ Food colouring
- ★ Mixing bowl/plastic container
- ★ Hand held blender or whisk



### METHOD

1. Mix soap flakes and hot water into a bowl, then add food colouring.
2. Blend all ingredients together with your hand held blender (the mixture may grow in size so make sure you have a bowl big enough to contain it) **OR** briskly whisk the mixture for 5 minutes then let it sit for an hour (approximately), whisking for a minute at a time periodically throughout the hour.
3. The mixture should turn into a stretchy, slimy consistency that is fun to explore! You may want to double or triple the mixture for larger groups and put it in a plastic tray or tub.

## OOBLEC

### WHAT YOU NEED

- ★ 2 parts cornflour
- ★ 1 part water
- ★ Food colouring
- ★ Plastic container

### METHOD

1. Pour some corn flour into the container.
2. Add food colouring.
3. Slowly add water until mixture thickens to the consistency of paint.

Ooblec is a strange wet/dry sensation. Children will enjoy pulling and shaping this mixture.