

START A DADS GROUP

WHAT IS IT

The Fathering Project's online dads groups provide a safe and inclusive environment where fathers and father figures can engage with their children, learn, share and connect with each other.

What we do, or don't do as dads, has an enormous impact on the happiness and health of the children we love. That's why we're encouraging dads across Australia to join your local Dads Group or start one of your own.

HOW TO

Steps to setting up an online dads group

- Go to thefatheringproject.org/dads/start-a-dads-group/
- Fill out form and send
- The Fathering Project will be in contact to finalise the setup.

FACTS

77% Feel very supported, which allows them to effectively engage with their child

Experienced positive change in how important they saw their role as a father **85%**

67% Experienced positive change in their children coming to them to talk about their feelings

Experienced positive change in how important they saw their role as a father **49%**

87% Experienced positive change in their knowledge of child development and fathering

Felt very or extremely satisfied by being part of a Dads Group **63%**

WHY

Lessons from The Fathering Project's community

The Fathering Project's programs improve father-child relationships and build stronger connections between families, schools and communities. Children with engaged fathers have better academic, social and emotional outcomes, and dads benefit from being part of a supportive peer-to-peer environment that improves confidence, skills and commitment.

A father's involvement in a Dads Group significantly improves feeling connected to school and playgroup over time.

The more group activities attended, the greater the change in dads knowledge about parenting.

Attending Dads Group sessions resulted in dads who had low self-sufficiency becoming significantly more self-sufficient.

BENEFITS

Benefits of setting up an online Dads Group

- A place for your community of dads to access The Fathering Projects free resources
- A way to communicate to all your registered dads using The Fathering Project's digital portal
- Create events that are broadcast to all your registered dads

FIND OUT MORE

For information and resources for dads and father-figures, head to thefatheringproject.org