## **Play Activity: Discovery and Sensory Bottles**



Sensory bottles are a fantastic way to help young children develop a range of skills including

- emotional regulation sensory bottles can help children to feel calm
- curiosity and discovery
- 🗸 language
- 🗸 motor
- 🗸 visual tracking

For more information and activity ideas visit:

## playgroupwa.com.au

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Fun and playful aCtivities to do together



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