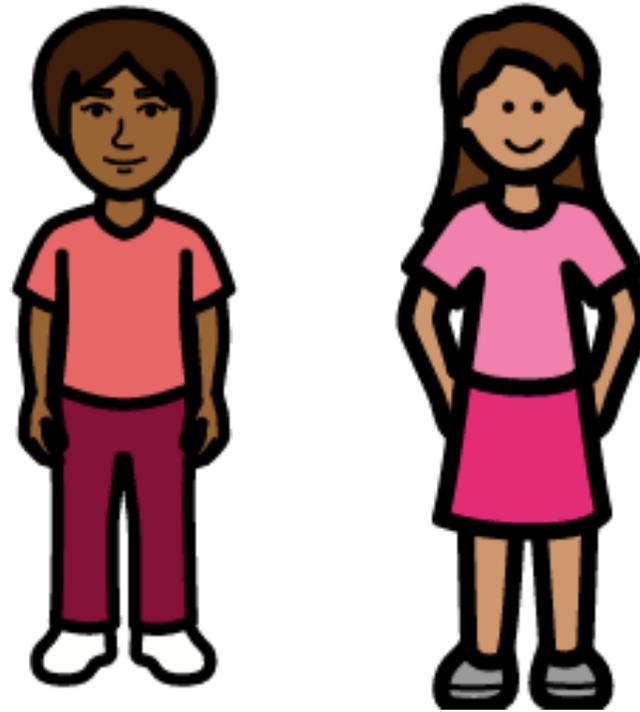


# My Body, My Rules

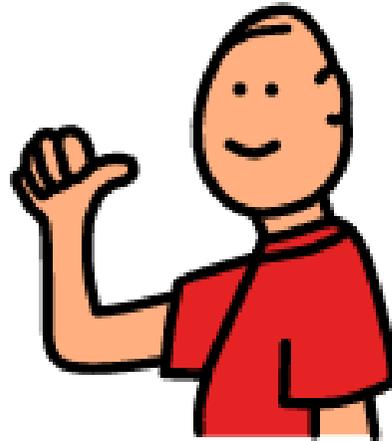


## Personal Space



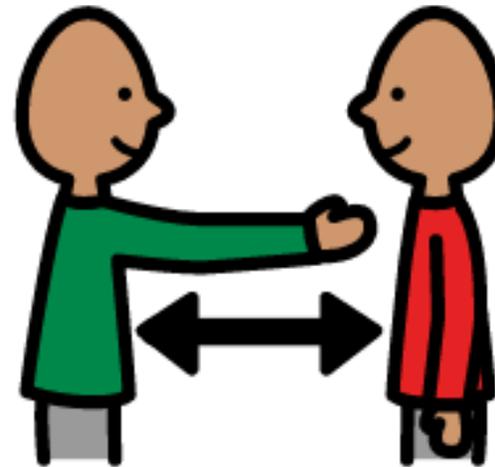
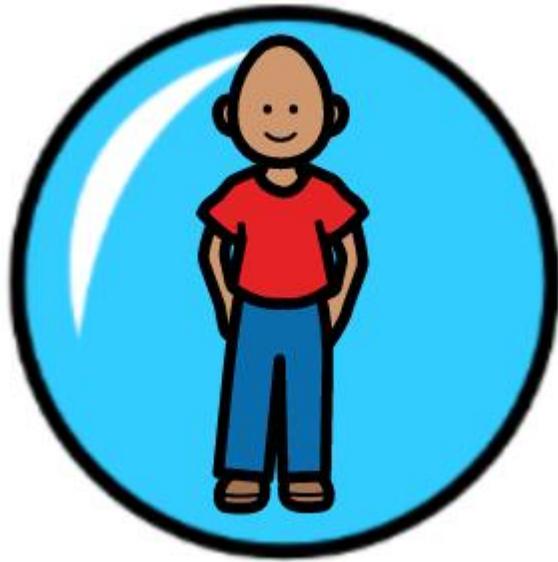
**Everyone has a body.**

**Bodies are amazing! They help us run, jump, dance  
and play.**

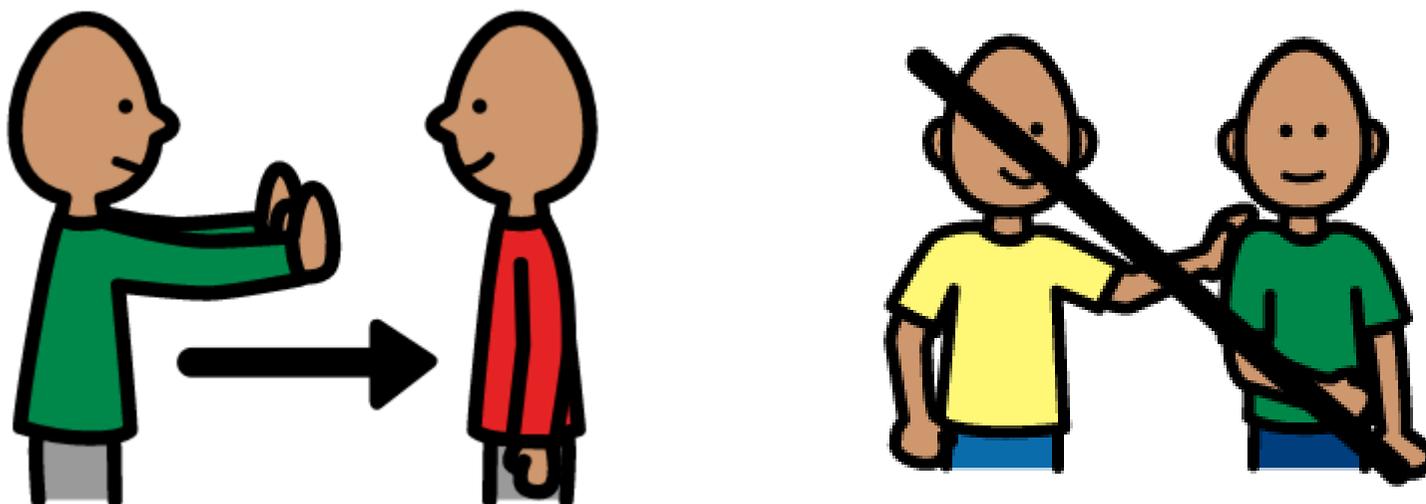


**My body belongs to me.**

**I have the right to say what happens to it.**



**My body has an invisible bubble around it. It is my personal space bubble.**

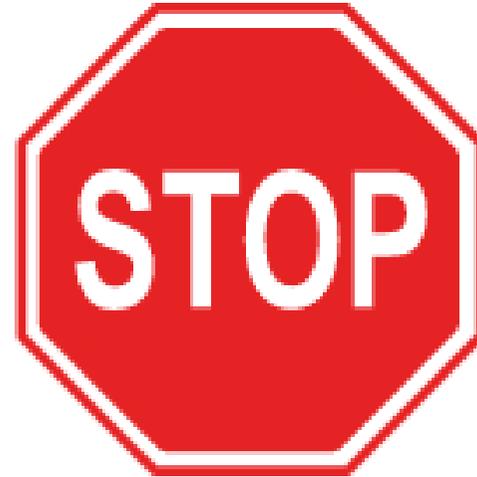
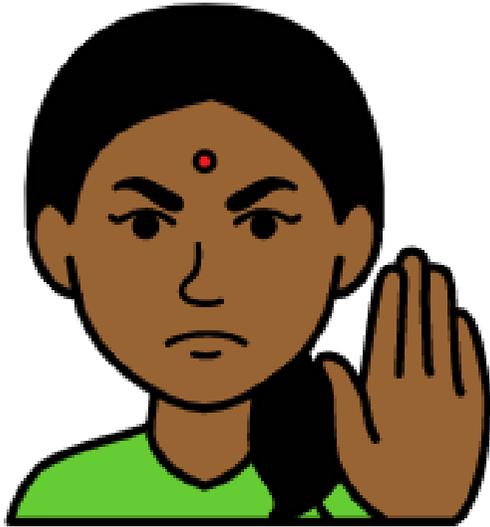


**I have the right to choose who and when someone comes into my personal space bubble and who touches my body.**



**If someone wants to give me a hug or kiss, or tickle me, I have the right to say yes 👍 or no 👎**

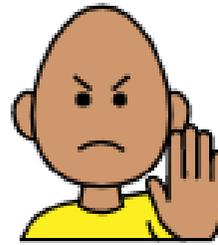
**Both are okay.**



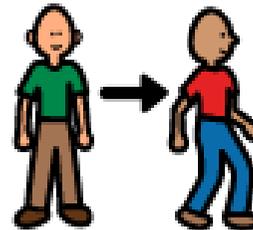
**If I say no, I mean it.**

**If someone comes into my personal space and I feel unsafe, I can:**

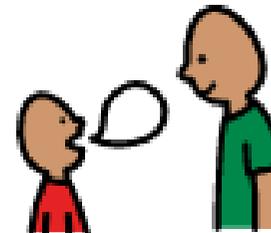
**Say no**



**Move away**

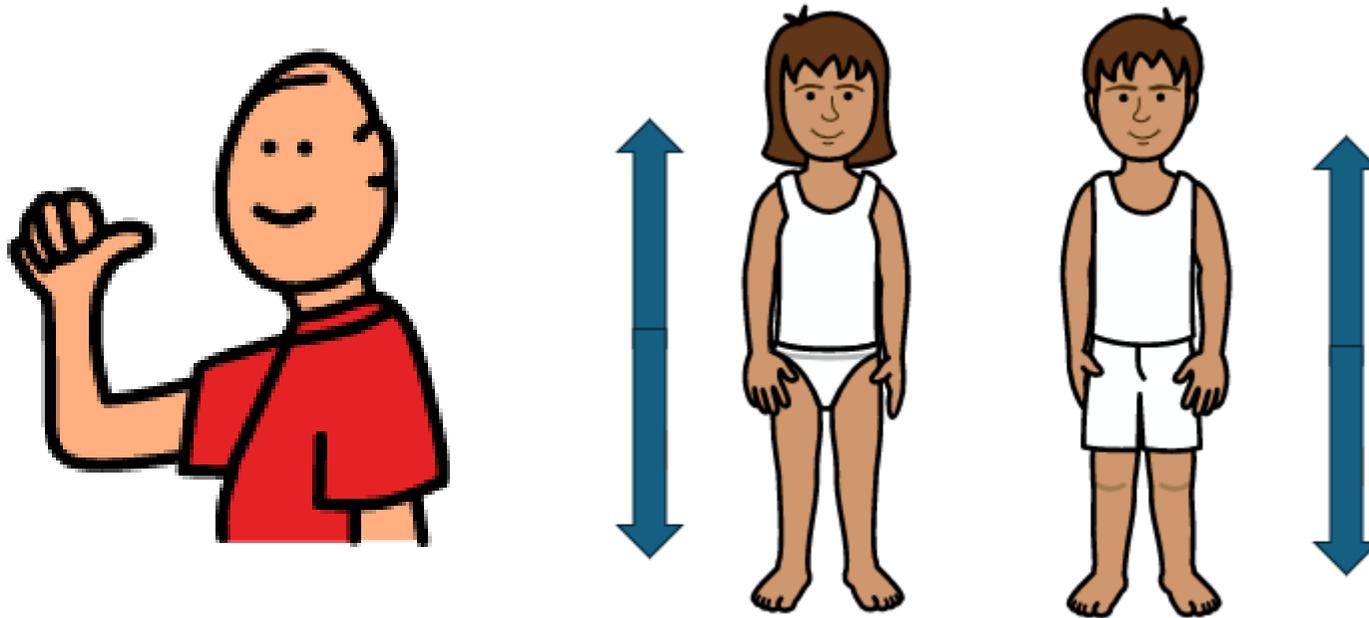


**Tell a safe adult**



**If someone touches the private parts of my body without a good reason, I can:**





**My body belongs to me.**

**From my head to my toes, I say what goes!**

