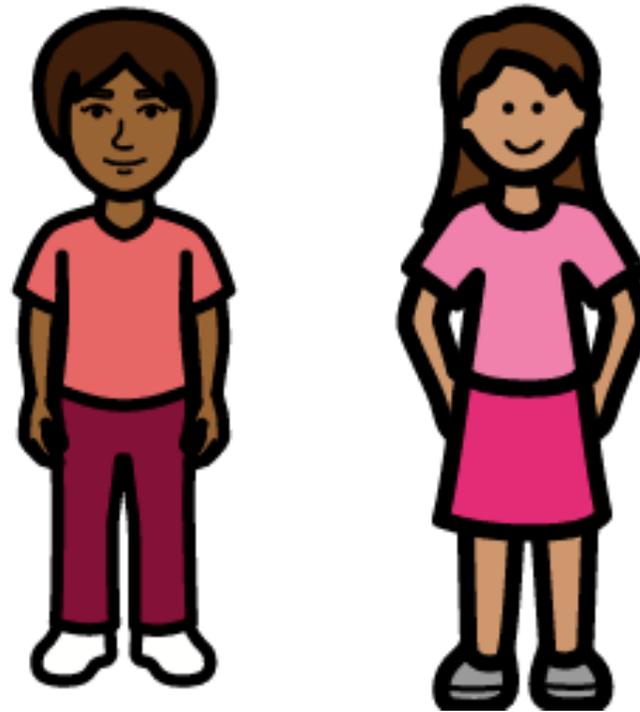


My Body, My Rules

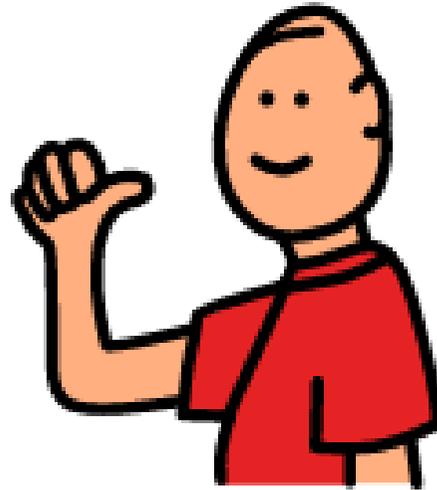


Body Safety Rules



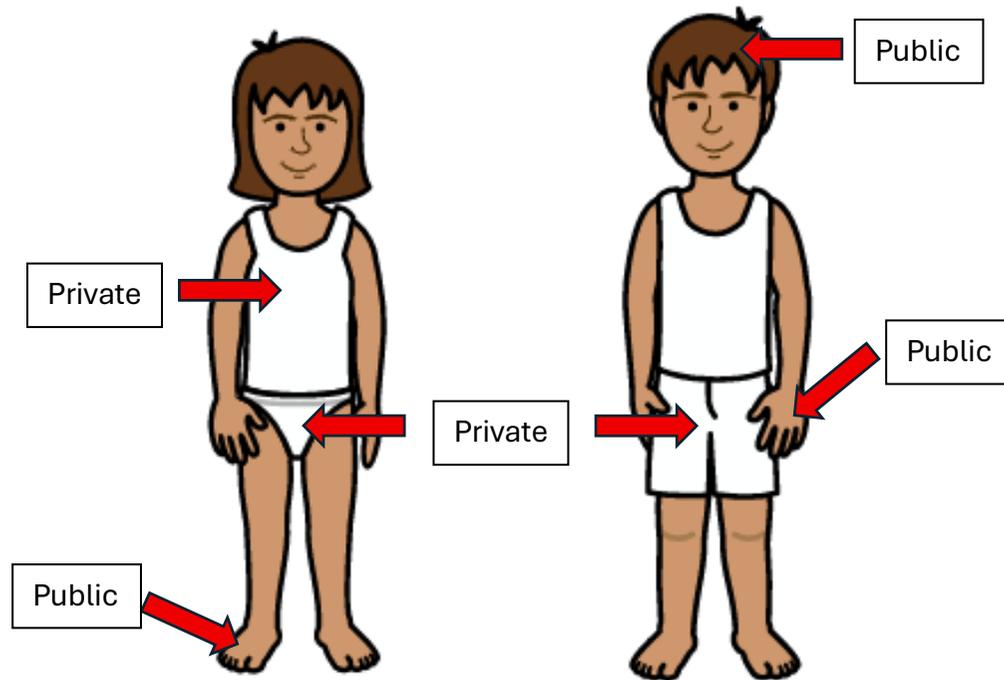
Everyone has a body.

**Bodies are amazing! They help us run, jump, dance
and play.**

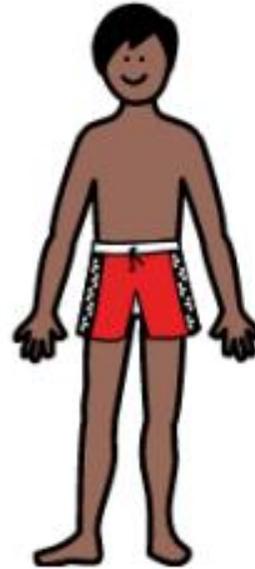


My body belongs to me.

I have the right to say what happens to it.

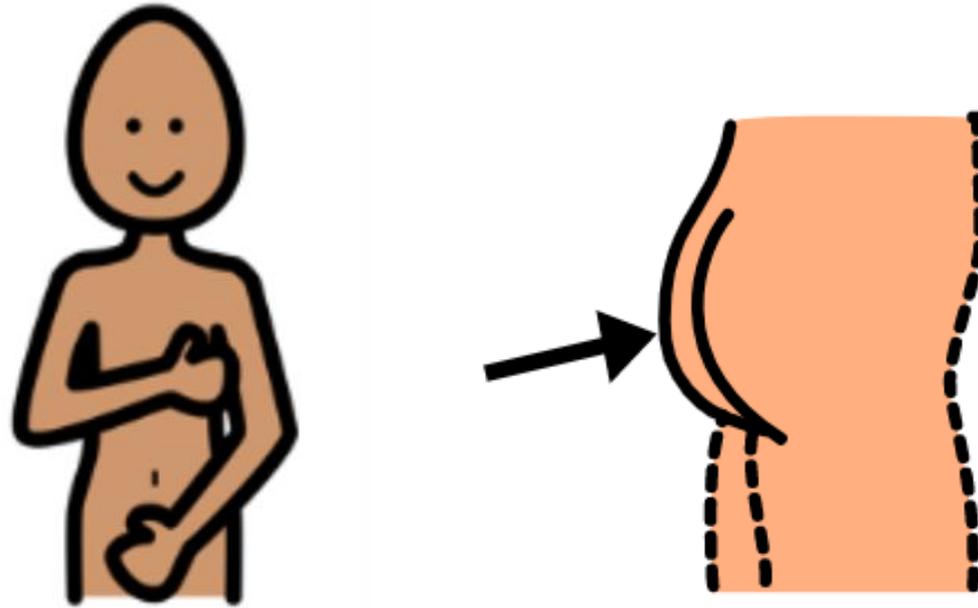


There are public parts and private parts of my body.



My private parts are the parts of my body covered by underwear or bathers.

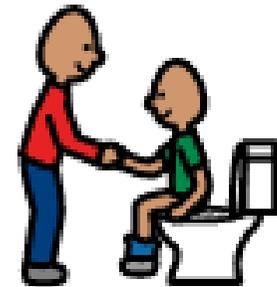
They are my penis, scrotum, testicles, vagina, vulva, breasts, nipples, bottom, and anus.



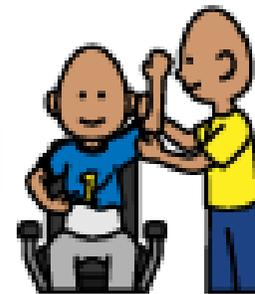
Nobody should see 👁️ 👁️ , touch ~~👩~~ , or take a photo 📷 of the private parts of my body without a good reason.

**Sometimes grown-ups have a good reason to see
and touch the private parts of my body.**

**Good reasons can be:
Helping me go to the toilet**

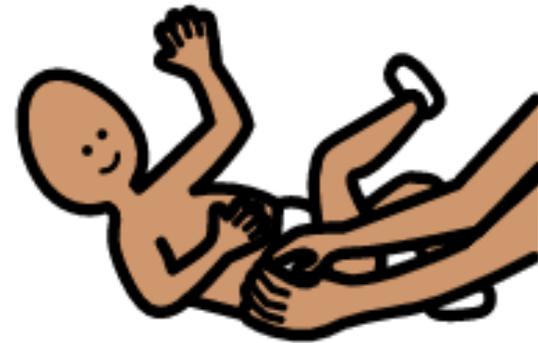
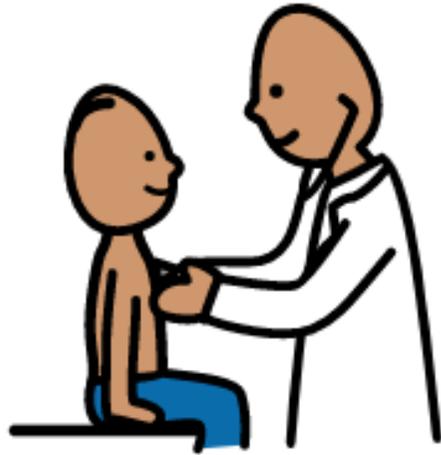


Helping me get dressed



Helping me have a bath or shower





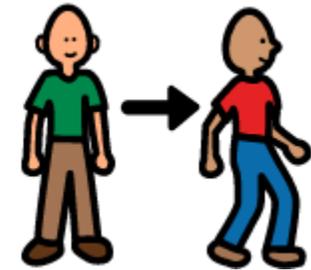
Good reasons to touch my body are to help to keep me clean, safe, and healthy.

If anyone touches my body or private parts without a good reason or that makes me feel scared or uncomfortable, I can:

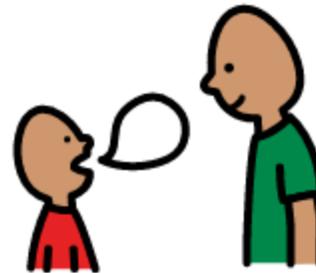
Say no



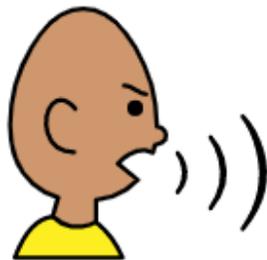
Move away



Tell a safe adult

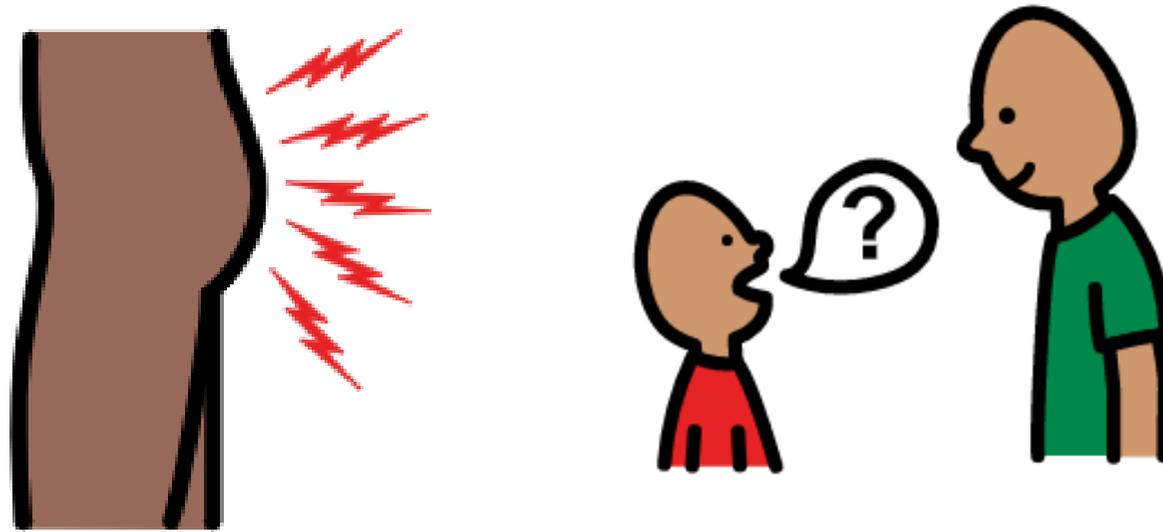


Scream for help

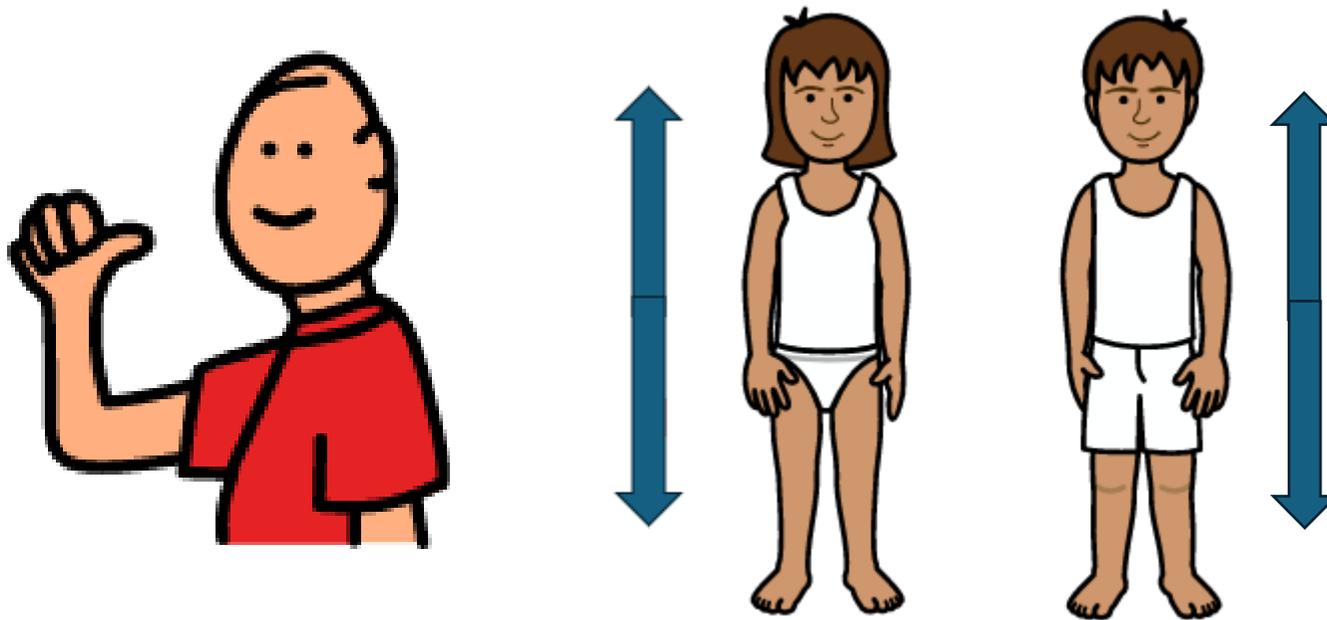


Use my body





If my private parts are hurting or if I have a question about my body, I can tell a trusted adult.



My body belongs to me.

From my head to my toes, I say what goes!

