

Playgroups are for everyone!

Being inclusive at playgroup

Playgroup is a place to meet and play with friends. We aim to create a space that is friendly, welcoming and open to all people.

To break down barriers and have a positive experience when meeting new people, it helps to focus on how we are more similar than we are different. For a start, we're all people bringing our children to playgroup. We may make different choices or have different backgrounds or have different levels of ability, but we all have something to contribute in our own way. We have the possibility to connect with new people and have fun, and it helps to focus on the person, not the difference.

We can ask questions, share our experiences and explore together with families to find out how to make playgroup a great experience for everyone, looking into ways to adapt the space or activities to meet unique needs.

What is an inclusive attitude?

- Being open and welcoming to everyone – a warm welcome and can-do attitude
- Asking questions and getting to know the person and family
- Finding common ground and ways to connect
- Recognising that fairness means everyone gets what they need
- Being flexible and adapting activities or the space to meet the unique needs of families
- Having a chat and finding out more about what a family might need
- Explaining what you or your child may need at playgroup if an activity or space isn't suitable
- Offering to help when someone is having challenges and checking in to see if someone is ok
- Going with the flow and allowing people to contribute in their own way