

Improve your AEDC results

GET FAMILIES INTO
PLAYGROUP



Research* shows that children who attend playgroup are half as likely to have developmental vulnerabilities when they start primary school.

1. Playgroup attendance boosts school readiness

Children who attend playgroups show stronger development across all five AEDC domains; physical, social, emotional, language, and communication skills

2. Lower developmental vulnerability

Children who don't attend playgroups are 1.78 times more likely to be developmentally vulnerable on one or more AEDC domains, even after accounting for socio-economic and demographic factors.

3. Benefits confirmed across time and backgrounds

Research using both 2009 and 2015 AEDC data confirms consistent benefits for playgroup attendees—yet participation remains lowest among children in disadvantaged communities, Indigenous families, and those with a non-English speaking background.

**Research by Telethon Kids Institute, 'It Takes a Village to Raise a Child: The Influence and Impact of Playgroups Across Australia' (2016).*

