

### What is a playgroup?

A playgroup is a group of mums, dads, grandparents and caregivers who meet together each week with their babies, toddlers and preschoolers for interaction, fun and play.

Parents and caregivers run the sessions, which usually go for two hours. Every session is different, based on the interests of the group.

Playgroups meet at a variety of venues such as community centres, schools and church halls. It's a safe and stimulating place for fun and friendship in your local area.

## Why go to playgroup?

Children develop rapidly from birth to 5 years. To support this development, children need a stimulating environment to play and learn new skills.

Playgroup is a regular place to meet, offering babies, toddlers and young children a wide variety of early learning experiences. It's a great way for your child to learn about the world, make friends and develop social skills.

Playgroup also gives adults a chance to meet to share ideas and experiences. Many long-term friendships begin at playgroup.





#### At playgroup your child can:

- Have fun with other children
- Have a regular play/social activity to look forward to each week
- Learn skills for school and life
- 🔆 Learn how to share and take turns
- Develop social and emotional skills, movement skills, reasoning/problem solving ability and creativity
- Find out more about the world around them
- 🔆 Enjoy spending time with you



### At playgroup you can:

- Get out of the house and socialise
- Enjoy having quality time with your child
- Meet new friends in your local area
- Build support networks with people at a similar life stage
- Share experiences and ideas
- Discover new play ideas for having fun at home
- Meet other children and gain insights into child development
- Be part of your local community



# Learn and grow through play!

You may be a mum, dad, caregiver, grandparent or family member – everyone is welcome.

Playgroups are as different as the people in them.

There is a playgroup that is just right for you!

## How do I become a Playgroup WA member?

Playgroup WA supports and promotes playgroups across WA. To find a playgroup near you:

- Visit the 'Find a Playgroup' page on Playgroup WA's website where you can search by area. You can contact each playgroup via the online form. Many playgroups offer two free trials so you can find the playgroup that is the right fit for you.
- Call the Playgroup WA Hotline on (08) 9228 8088 or email hotline@playgroupwa.com.au

If you wish to start a new playgroup, we can provide information and resources to guide you through the process.



#### Get in touch

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