

BABY SOFT PLAY

FOR BABIES WHO ARE NOT YET
WALKING

Soft play for crawlers supports early **gross motor** (physical) and **sensory** development. It encourages babies to move their bodies, explore new surfaces and build strength for crawling, pulling up and balancing. This type of play helps babies develop spatial awareness and confidence in movement.

ACTIVITY BENEFITS

- Develops crawling, reaching and balancing
- Encourages independence and confidence
- Supports sensory exploration
- Builds coordination and core strength

MORE PLAY IDEAS

TO SUPPORT GROSS MOTOR SKILLS:

- Tummy time on mats with toys just out of reach
- Crawling through tunnels or under soft arches

TO SUPPORT SENSORY SKILLS:

- Crinkle and rattle toys
- Tummy time mirror
- Peek a boo and covering / uncovering items under fabric



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ACTIVITY IDEAS!

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BABY SOFT PLAY

FOR BABIES WHO ARE WALKING OR NEARLY WALKING

Soft play for early walkers supports toddler's **gross motor (physical)** development such as balance and strength. Gross motor play supports walking, climbing and coordination. It gives toddlers the chance to explore their abilities in a safe and engaging way, which is important for physical development, confidence and independence.

ACTIVITY BENEFITS

- Develops balance, strength and spatial awareness
- Supports safe risk-taking and body control
- Encourages exploration and independence
- Builds resilience through trial and error

MORE PLAY IDEAS

TO SUPPORT GROSS MOTOR SKILLS:

- Push-and-pull toys
- Soft climbing cubes or mini slides
- Stacking wood or foam blocks

TO SUPPORT SENSORY SKILLS:

- Finger or foot painting
- Balancing or swinging



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