# Playfully preparing for school [TODDLER



Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being - and it's FUN! Play provides the building blocks to be ready for school.



# Recycled tubes

### **Tubes are perfect for toddlers'** exploratory play.

#### Did you know?

Toddlers are fascinated by objects emerging from a tube. For active toddlers, chasing a ball is always fun. By providing a tube to post it into, your child is also refining their placement skills and understanding of the way things move, an early science skill!

### **Add language**

You can help your child learn to anticipate and predict by using words such as "1, 2, 3, go..." or "Here it comes".



#### **Variations**

Cardboard tubes (e.g. from lunch wrap) make a safe bat for hitting balloons whilst toddlers are still learning to aim. Cardboard tubes are great for looking through and exploring the world from a different perspective. Cardboard rolls also make perfect drum sticks to go with the saucepan 'drum kit.' Being light, they are easy and safe for toddlers to control (and slightly easier on the ears than spoons!!!). They also make great horns to blow through.

☐ Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa

