

Play is the key way children learn about themselves, others and the world they live in. It is essential to their learning, development, health, and physical, mental and social well-being – and it's FUN! Play provides the building blocks to be ready for school.



Block play

Simple wooden blocks will be used in a variety of ways over many years, making them a valuable addition to the toy collection.

Did you know?

Playing with chunky blocks helps babies to use two hands together when holding and exploring the block.

As they grow and develop, your baby may enjoy holding a block in each hand and banging them together.

Add language

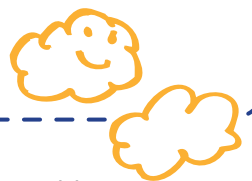
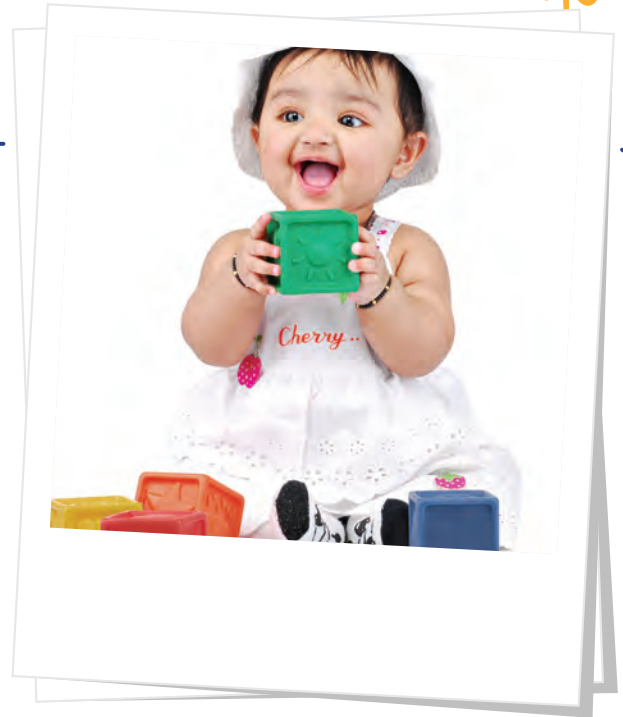
Use the words that describe what your baby is seeing and doing e.g. "blue block", "red block", "bang, bang, bang".

Other development

Placing blocks into a container helps your baby practise the essential skills of grasping, holding and letting go of things on purpose. Learning to place one block on top of another helps your baby learn about position in space and refines their placement skills.

Variations

Try providing a range of different sorts of blocks e.g. wooden, plastic, or textured. You can make light and colourful blocks out of milk cartons.



- Playgroup WA has a treasure trove of play activities for babies, toddlers and 3-5 year olds, for home and playgroup. These play activities cover a balanced diet of play across sensory, movement, language and thinking skill areas.

You can find them at www.playgroupwa.com.au/playideas or visit www.facebook.com/playgroupwa